

INTERACTIVE INSTALLATION HIGHLIGHTS 2015-2020

1:1	Boston Center for the Arts	April 2021
An interactive exhibit about the politics of the body and the heightened pressure and preciousness of physical closeness as we adapt to new norms of connection. In person, in portraiture, and on screen, we'll explore how our bodies feel in a post-pandemic world.		
PUBLIC SPACE INVITATIONAL	Office of New Urban Mechanics, City of Boston	2020
Customized, painted, and decoupage window boxes, planters, pots, and birdhouses with poetry written in live-time while interviewing long-time South End residents. P.S.I. is a civic design competition that reimagines and enhances Boston's public spaces, this year bringing a slice of the city's green spaces to homes in Boston.		
LIVE NUDE GIRLS	Multiple Cities Nationally, ongoing	2019-2020
Inspired by Audre Lourde's "Uses of the Erotic," photography portraiture exploring women's experiences in their unique bodies in a culture strung between extreme self-promotion and fourth generation feminism. After interviewing participants, co-created messages were written (usually backwards), directly on the body with body paint, resulting in reflections from and to participants when viewed in the mirror.		
CASUAL PROPHECY	Harvard University, Cambridge, MA	2018 & 2019
Live-time prophetic poems written live while interviewing attendees at the Graduate Festival (2019) and the Smith Campus Center Reopening (2018), followed by an online photography exhibit of select pieces.		
AMERICAN THERAPY	Various Locations Globally	2017
A 200 square-foot mural bloomed with live-response poetry from interviews about experiences of immigrating to the United States and current anti-immigration policies.		
Partners: The Boston Foundation, Barr Foundation, Washington Gateway Main Streets, Fenway Alliance, Boston Properties, HUBweek, and Patreon funders.		
Locations: Paris, France; Tusculum, Alabama; Marquette, Nebraska; Boston, MA – a four-week installation in Blackstone Square, Atlantic Wharf, Fenway District, and Boston City Hall.		
INAUGURATION THERAPY BOOTH / ELECTION THERAPY BOOTH	Boston Public Library; Women's March, Washington, D.C. Boston, MA & Washington, D.C.	2017 2016
Live-time poetry created during public interviews on election day and inauguration week.		
POETS IN EKPHRASIS	Institute of Contemporary Art, Boston, MA	2016
FIND YOUR FORTUNE / PLUCK YOUR PROPHECY	Harvard University, Cambridge, MA Davis Square, Somerville, MA	2019 2016
A month-long installation and two-month online photography exhibit of prophecies strung up on twine for the public to take away, and an invitation to share their own prophecies for others.		
COMPLAINT & CATHARSIS DEPT.	Somerville Pity Party, Somerville, MA	2015
Live-time, notarized, decrees created from public interviews: Calls to the universe, eulogies for lost opportunities/jobs/loves, pissy permission slips, declarations of independence, etc..		

THREE TRACK MIND Aeronaut Brewery, Somerville, MA 2015
Live-time composed & projected poetry, visual animation, liquid art, and electronic music.

FREE VERSE Union Square, Somerville, MA 2015
A three-week, interactive installation allowing the public to type, tack up, and take poetry.

SPOKEN WORD PERFORMANCE HIGHLIGHTS 2015-2020

International Festival of Contemporary Poetry	San Cristóbal de las Casas, Chiapas, Mexico	2019
Ars Poetica Summer Centennial	Algonquin Hotel, New York, NY	2019
LaGuagua Poetry Festival	Middlesex Community College, Lowell, MA	2018
Los Confines Int'l Poetry Festival	San Pedro Sula, Honduras	2018
<i>Talk to Strangers</i>	American Repertory Theater, Oberon, Cambridge, MA	2015
	Partners: Liars and Believers, Boston Circus Guild	
<i>elastic communion</i>	Internal Matter, Boston, MA	2016
Boston City Hall Exhibition	Curated by Poet Laureate Danielle Georges, Boston, MA	2015
<i>Sermons of the Real</i> live recording	The Bridge Sound & Stage, Cambridge, MA	2014

PUBLICATION & RECORDING HIGHLIGHTS 2015-2020

Books

The Laws of Ease (in development) – Social Theory
heavenly bodies, liquid grace (in development) - Poetry
Sermons of the Real, Artepoética Press Inc., New York (English & Spanish) - Poetry 2019
elastic communion, The Art Farm, Marquette, Nebraska – Letter-pressed poetry and art 2015

Anthologies

VII Festival Internacional de Poesía Contemporánea de San Cristóbal de las Casas 2019: *Antología Poética*, edited by Luis Enrike Moscoso 2019
Celebration & Confrontation, edited by Jonathan Bennett Bonilla 2018
Lo Humano Que Nos Queda, edited by Salvador Madrid 2018

Literary Journals: *Leaping Clear*, Mini-documentary on *American Therapy* (2019); *Soul Lit Poetry* (2015); *Three Line Poetry*, “Karmic Care” (2015)

Recordings: [*Sermons of the Real*](#), The Bridge Sound & Stage 2015

AWARDS & FELLOWSHIPS

City of Boston Public Space Invitational, Office of New Urban Mechanics, Boston, MA	2020
Medford Arts Council Artist Grant, Medford, MA	2020
Live Arts Boston Grant, The Boston Foundation and Barr Foundation, Boston, MA	2016
Artistic Fellow of Interdisciplinary Arts, City of Somerville, MA	2016
Arts in Union Public Art Installation Grant, Somerville Cultural Council, Somerville, MA	2015
Artist of the Year Award, Opus Affair, Boston, MA	2014

RESIDENCIES

Boston Center for the Arts, Run of the Mills Residency	2021
Barre Center for Buddhist Studies, Barre, MA	2018
The Art Farm, Marquette, Nebraska	2015 & 2017
Noepe Institute for Literary Arts, Martha's Vineyard, MA	2014
Martha's Vineyard Creative Writing Institute, Martha's Vineyard, MA	2014

TEACHING & PANELS

THE GOOD NEWS SALON SERIES	Online and Boston, MA	2019-present
A curated salon featuring artists and academics working at the intersection of social justice and creative practice. Topics: <i>Home, Belonging, Pleasure, Connection</i> (Virtual) Artists include SublimeLuv, Payal Kumar, Daisy Novoa Vasquez, Tamiko Beyer, Catherine Siller, & Art Collins.		
SAMANA CONSULTING	Authentic Movement class series	2020-present
	<i>Creating a New World: Post-Pandemic Paradigms</i>	2020
	<i>Creating Context: Using Language to Create New Realities</i>	2017
	Bi-Annual Women's Writing Retreat	2014-present
BOSTON CIVIC LEADERS' SUMMIT	<i>Sustainable Leadership, Sustainable Abundance</i>	2019
GOOGLE	<i>Allowing Your Most Awesome Life: A Creative & Somatic Retreat</i>	2018
ARTS & BUSINESS COUNCIL OF GREATER BOSTON	<i>Artistic Dharma: Body-Sourced Creative Practice</i>	2015
THEATRE COMMUNICATIONS GROUP	<i>The Artist/Administrator Model</i>	2013
BOSTON CENTER FOR THE ARTS	<i>Creating Work/Life Balance in the Arts</i>	2011

EDUCATION

AUTHENTIC MOVEMENT/CONTEMPLATIVE DANCE , Westfield & Amherst, MA	2014-2020
Movement as artistic resource, psychological narrative, and spiritual practice.	
Areas of study: Body's Wisdom, Creativity & Active Imagination in the Lineage of Jung, The Shadow, Stages of Ritual & Rites of Passage, Inner & Outer Ecology: Integrating Practice into Life	
SEVEN STONES LEADERSHIP, SUSTABU: Sustainable Abundance , Concord, MA	2016-2017
<ul style="list-style-type: none"> • Complex, systemic contexts of capitalism, consumerism, scarcity, racism, and oppression • Radical sufficiency through interdependence and inclusion • Somatic practices of centering, release, and completion • Engaging experimentation as our primary teaching modality and worldview 	
MEDITATION & BUDDHIST PSYCHOLOGY , Multiple Locations	2003-present
Lineage Teachers: Jack Kornfield, Narayan Helen Liebenson, Bhikkhu Anālayo, Joseph Goldstein	
Metta & Vipassana Meditation, Satipaṭṭhāna suttas, Bridging Dharma and Artistic Practice	
FOCUSING-ORIENTED THERAPIES TRAINING , Garrison, NY; Arlington, MA	2014
Somatic intelligence practice, tapping into "felt sense" through creative dialogue with the body	
MASK TRAINING WITH AVITAL PELEG & PAULA PLUM , Boston, MA	2014
Advanced mask performance training, developing physical vocabulary & collaborative performance	
Character development through mask performance based in the Gaulier School method	
DOUBLE EDGE THEATRE, PHYSICAL THEATER TRAINING INTENSIVE , Ashfield, MA	2014
Partner dialogue, character creation, large objects/aerial flight, energy sourcing, & dramaturgy	
DELL'ARTE ABROAD , Bali, Indonesia	2014
Apprenticeship with Bali's artistic and religious priests, experiential study of the role of the arts and their healing, community-building, and religious functions in historic and modern-day Bali	
BOSTON UNIVERSITY , Boston, MA	
Master of Science in Arts Administration	
TUFTS UNIVERSITY , Medford, MA	
Bachelor of Arts, Dual Degree in Philosophy and Theatre	