**OPPORTUNITY SCREENING PROCESS**

1. Receive the gift.
2. Before an inclination about suitability comes, there is already joy and open-hearted gratitude available. Offer thanksgiving without commitment.
3. Gut check. What is your initial feeling and inclination?
4. Write down the opportunity on paper. Add any musings to your contemplation of the opportunity (not so much pluses and minuses, but feeling tone and wonderings). Visit it a few times if possible, pausing for as long as you’d like in between.
5. Thoroughly assess the opportunity:

* 1. Will this be an embodied experience?
	2. Does this build the community I want to have?
	3. Does this support my core values of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?
	4. If I say yes, will this move me closer to my vision of being a
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	5. Is the energy I feel when I think about this opportunity one of anxiety, scarcity, urgency, obligation, or a sense of “have to?” Or is it free and open excitement and possibility without clinging, residue, or baggage?
	6. Is there an easier way to fulfill the intention of this opportunity? Is there an easier way to move me towards my vision?
	7. Is it big enough? Is there something bigger available or could there be if I pass on this?
	8. Are the collaborators on this project playing as big or bigger than I am? Will they stretch me and support my growth?
	9. Is this evidence of a life of abundance and active receptivity?
	10. Is the time estimate for this project (take best guess and multiply times two) workable with your projected schedule?
1. Embodying your core values, offer thanksgiving to those who presented the opportunity, accepting or declining their gift.