

**TEACHING & FACILITATION**

<b>THE GOOD NEWS SALON SERIES</b>	Online and Boston, MA	2019-present
<p>A curated salon featuring artists and academics working at the intersection of social justice and creative practice. 2019 Themes: <i>Home, Belonging, Pleasure</i>. 2020 Themes (Virtual Salons): <i>Connection, Transformation</i>. Artists and academics include Dr. Gary Bailey, SublimeLuv, Payal Kumar, Daisy Novoa Vasquez, Tamiko Beyer, Catherine Siller, &amp; Art Collins.</p>		
<b>SAMANA CONSULTING</b>	<i>Creating a New World: Post-Pandemic Paradigms</i>	2020-present
	Authentic Movement	2020
	<i>Creating Context: Using Language to Create New Realities</i>	2017
	Bi-Annual Women’s Writing Retreat	2014-present
<b>BOSTON CIVIC LEADERS’ SUMMIT</b>	<i>Sustainable Leadership, Sustainable Abundance</i>	2019
<b>GOOGLE</b>	<i>Allowing Your Most Awesome Life: A Creative &amp; Somatic Retreat</i>	2018
<b>ARTS &amp; BUSINESS COUNCIL OF GREATER BOSTON</b>	<i>Artistic Dharma: Body-Sourced Creative Practice</i>	2015
<b>THEATRE COMMUNICATIONS GROUP</b>	<i>The Artist/Administrator Model</i>	2013
<b>BOSTON CENTER FOR THE ARTS</b>	<i>Creating Work/Life Balance in the Arts</i>	2011

**SOCIAL PRACTICE ART**

<b>LIVE NUDE GIRLS</b>	Boston Center for the Arts	April 2021
Actual Size Gallery, Los Angeles		Feb 2020
<p>An interactive exhibit exploring the politics of the body and the heightened pressure and preciousness of physical closeness as we adapt to new norms of connection. In person, in portraiture, and on screen, this work explores our embodied experiences in a culture strung between extreme self-promotion and fourth generation feminism during a time of extreme vulnerability as a species. Co-created messages born from interviews and painted directly onto the body (usually backwards) result in mirrored reflections for all participants.</p> <p>Locations: Boston Center for the Arts; Actual Size Gallery (L.A.); Omaha, NE</p>		
<b>PUBLIC SPACE INVITATIONAL</b>	Office of New Urban Mechanics, City of Boston	2020
<p>Customized, painted, and decoupage window boxes, planters, pots, and birdhouses with poetry written in live-time while interviewing long-time South End residents. P.S.I. is a civic design competition that reimagines and enhances Boston’s public spaces, this year bringing a slice of the city’s green spaces to homes in Boston.</p>		
<b>CASUAL PROPHECY</b>	Harvard University, Cambridge, MA	2018-2020
<p>Live-time prophetic poems written live while interviewing attendees at the Graduate Festival (2020 &amp; 2019) and the Smith Campus Center Reopening (2018), followed by an online photography exhibit of select pieces. Additional installations include HubWeek Boston (2019) &amp; Industry City in Brooklyn (2020).</p>		

<b>AMERICAN THERAPY</b>	Various Locations Globally	2017
<p>A 200 square-foot mural bloomed with live-response poetry from interviews about experiences of immigrating to the United States and current anti-immigration policies.</p> <p>Partners: The Boston Foundation, Barr Foundation, Washington Gateway Main Streets, Fenway Alliance, Boston Properties, HUBweek, and Patreon funders.</p> <p>Locations: Paris, France; Tuscumbia, Alabama; Marquette, Nebraska; Boston, MA – a four-week installation in Blackstone Square, Atlantic Wharf, Fenway District, and Boston City Hall.</p>		
<b>INAUGURATION THERAPY BOOTH / ELECTION THERAPY BOOTH</b>	Boston Public Library; Women’s March, Washington, D.C. Boston, MA & Washington, D.C.	2017 2016
<p>Live-time poetry created during public interviews on election day and inauguration week.</p>		
<b>POETS IN EKPHRASIS</b>	Institute of Contemporary Art, Boston, MA	2016
<b>FIND YOUR FORTUNE / PLUCK YOUR PROPHECY</b>	Harvard University, Cambridge, MA Davis Square, Somerville, MA	2019 2016
<p>A month-long installation and two-month online photography exhibit of prophecies strung up on twine for the public to take away, and an invitation to share their own prophecies for others.</p>		
<b>COMPLAINT &amp; CATHARSIS DEPT.</b>	Somerville Pity Party, Somerville, MA	2015
<p>Live-time, notarized, decrees created from public interviews: Calls to the universe, eulogies for lost opportunities/jobs/loves, pissy permission slips, declarations of independence, etc..</p>		
<b>THREE TRACK MIND</b>	Aeronaut Brewery, Somerville, MA	2015
<p>Live-time composed &amp; projected poetry, visual animation, liquid art, and electronic music.</p>		
<b>FREE VERSE</b>	Union Square, Somerville, MA	2015
<p>A three-week, interactive installation allowing the public to type, tack up, and take away poetry.</p>		

**SPOKEN WORD PERFORMANCE HIGHLIGHTS 2015-2020**

Intn’l Alternative Book Festival	Lima, Peru (virtual)	2020
Intn’l Festival of Contemp. Poetry	San Cristóbal de las Casas, Chiapas, Mexico	2019
Ars Poetica Summer Centennial	Algonquin Hotel, New York, NY	2019
LaGuagua Poetry Festival	Middlesex Community College, Lowell, MA	2018
Los Confines Int’l Poetry Festival	San Pedro Sula, Honduras	2018
<i>Talk to Strangers</i>	American Repertory Theater, Oberon, Cambridge, MA Partners: Liars and Believers, Boston Circus Guild	2015
<i>elastic communion</i>	Internal Matter, Boston, MA	2016
Boston City Hall Exhibition	Curated by Poet Laureate Danielle Georges, Boston, MA	2015
<i>Sermons of the Real</i> live recording	The Bridge Sound & Stage, Cambridge, MA	2014

**EXHIBITIONS**

<i>Peaceful Protest</i>	New Art Center	2020
<i>Miraculous Invisible</i>	Photography exhibit, Bloc 11, Somerville, MA	2017
<i>Free Verse in Flight</i>	Online photography exhibit	2015
<i>Answering Mara</i>	100 poem, site-specific installation, The Art Farm, Marquette, NE	2015

**PUBLICATION & RECORDING HIGHLIGHTS 2015-2020****Books***The Laws of Ease* (in development) – Social Theory*liquid grace* (in development) - Poetry*Sermons of the Real*, Artepoética Press Inc., New York (English & Spanish) - Poetry 2019*elastic communion*, The Art Farm, Marquette, Nebraska – Letter-pressed poetry and art 2015**Anthologies***VII Festival Internacional de Poesía Contemporánea de San Cristóbal de las Casas 2019: Antología Poética*,  
edited by Luis Enrike Moscoso 2019*Celebration & Confrontation*, edited by Jonathan Bennett Bonilla 2018*Lo Humano Que Nos Queda*, edited by Salvador Madrid 2018**Literary Journals:** *Leaping Clear*, Mini-documentary on *American Therapy* (2019); *Soul Lit Poetry* (2015);  
*Three Line Poetry*, “Karmic Care” (2015)**Recordings:** [Sermons of the Real](#), The Bridge Sound & Stage 2015**EDUCATION****AUTHENTIC MOVEMENT/CONTEMPLATIVE DANCE**, Westfield & Amherst, MA 2014-2020

Movement as artistic resource, psychological narrative, and spiritual practice.

Areas of study: Body’s Wisdom, Creativity & Active Imagination in the Lineage of Jung, The  
Shadow, Stages of Ritual & Rites of Passage, Inner & Outer Ecology: Integrating Practice into Life**SEVEN STONES LEADERSHIP, SUSTABU: Sustainable Abundance**, Concord, MA 2016-2017

- Complex, systemic contexts of capitalism, consumerism, scarcity, racism, and oppression
- Radical sufficiency through interdependence and inclusion
- Somatic practices of centering, release, and completion
- Engaging experimentation as our primary teaching modality and worldview

**MEDITATION & BUDDHIST PSYCHOLOGY**, Multiple Locations 2003-presentLineage Teachers: Jack Kornfield, Narayan Helen Liebenson, Bhikkhu Anālayo, Joseph Goldstein  
Metta & Vipassana Meditation, Satipaṭṭhāna suttas, Bridging Dharma and Artistic Practice**FOCUSING-ORIENTED THERAPIES TRAINING**, Garrison, NY; Arlington, MA 2014

Somatic intelligence practice, tapping into “felt sense” through creative dialogue with the body

**MASK TRAINING WITH AVITAL PELEG & PAULA PLUM**, Boston, MA 2014Advanced mask performance training, developing physical vocabulary & collaborative performance  
Character development through mask performance based in the Gaulier School method**DOUBLE EDGE THEATRE, PHYSICAL THEATER TRAINING INTENSIVE**, Ashfield, MA 2014

Partner dialogue, character creation, large objects/aerial flight, energy sourcing, &amp; dramaturgy

**DELL'ARTE ABROAD**, Bali, Indonesia 2014Apprenticeship with Bali’s artistic and religious priests, experiential study of the role of the arts and  
their healing, community-building, and religious functions in historic and modern-day Bali**BOSTON UNIVERSITY**, Boston, MA

Master of Science in Arts Administration

**TUFTS UNIVERSITY**, Medford, MA

Bachelor of Arts, Dual Degree in Philosophy and Theatre

**AWARDS & FELLOWSHIPS**

City of Boston Public Space Invitational, Office of New Urban Mechanics, Boston, MA	2020
Medford Arts Council Artist Grant, Medford, MA	2020
Live Arts Boston Grant, The Boston Foundation and Barr Foundation, Boston, MA	2016
Artistic Fellow of Interdisciplinary Arts, City of Somerville, MA	2016
Arts in Union Public Art Installation Grant, Somerville Cultural Council, Somerville, MA	2015
Artist of the Year Award, Opus Affair, Boston, MA	2014

**RESIDENCIES**

Boston Center for the Arts, Run of the Mills Residency	2021
Barre Center for Buddhist Studies, Barre, MA	2018
The Art Farm, Marquette, Nebraska	2015 & 2017
Noepe Institute for Literary Arts, Martha's Vineyard, MA	2014
Martha's Vineyard Creative Writing Institute, Martha's Vineyard, MA	2014